

# GREEK VILLAGE SALAD WITH RED WINE DATE VINAIGRETTE

Yield: 6 Servings

### **Nutrition Facts**

Serving size 3.96 oz. (112 g)	
Amount per serving Calories	145
% Daily Value*	
Total Fat 13g	15%
Saturated Fat 2g	<b>10%</b>
Trans Fat 0g	
Cholesterol 4mg	0%
Sodium 188mg	8%
Total Carbohydrate 7g	2%
Dietary Fiber 2g	8%
Total Sugars 4g	
Includes 0g Added Sugars	0%
Protein 1g	
Vitamin D 0mcg	0%
Calcium 38mg	2%
v	2%
Iron Omg	4%
Potassium 172mg	4%
* The % Daily Value (DV) tells you how much in a serving of food contributes to a daily d calories a day is used for general nutrition	iet. 2,000





## Ingredients

#### **Red Wine Date Vinaigrette**

2 ¼ tablespoon ½ teaspoon 2 tablespoons ¼ teaspoon ¼ cup Red Wine Vinegar Kosher Salt Pitted Dates Ground Oregano Canola Oil

#### Greek Village Salad with Red Wine Date Vinaigrette

3 tablespoons Pitted Kalamata Olives, washed 1 cup Wedged Tomatoes ¼ cup Sliced Red Onion **Diced Green Bell Peppers** 1 cup 1 cup Sliced English Cucumber 1 tablespoon Chopped Oregano ½ cup Red Wine Date Vinaigrette ¼ cup **Crumbled Feta Cheese** 

### **Procedures**

#### **Red Wine Date Vinaigrette**

- 1. With an immersion blender or a standard blender, combine red wine vinegar, kosher salt, pitted dates and ground oregano.
- 2. Slowly add canola oil until it is evenly distributed and place to the side.

#### Greek Village Salad with Red Wine Date Vinaigrette

- 1. Add first six salad ingredients to a bowl and toss to combine.
- 2. Garnish a ½ cup of salad with 1 ½ teaspoons of feta cheese.
- 3. Top with red wine date vinaigrette dressing.

