



The following major food allergens may be used as ingredients in our facilities: Egg, Fish, Milk, Peanuts, Soy, Sesame, Shellfish, Tree Nuts, Wheat. Please inform a member of our team if you have a food allergy or sensitivity. Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness. 2000 calories a day is used for general nutrition advice, but calorie needs may vary.

Nutrition and ingredient information is presented based on standard recipes and serving sizes and may not represent customizations. Due in part to the handcrafted nature of our food, there may be variation in serving sizes and preparation techniques. Variations may also occur due to product testing, supply sources, regional differences and limited time offerings. These variations may impact the nutrition values for each product. Test products, limited time offers and regional menu variations may not be included and not all items listed may be available in all locations. Please see the AVI team at your location for site-specific information.

Information as of 07.2026

Brand Nutritional Information														
Name	Size of Portion	Unit of Measurement	Kcal (kcal)	Total Fat (g)	Saturated (g)	Total Carbohydrate (g)	Sugars Total (g)	Protein (g)	Salt (g)	Added Sugar (g)	Fiber (g)	Sodium (mg)	Allergens	Ingredients
SIGNATURE SANDWICHES														
Chicken Caesar Wrap	11.73	oz	519.17	15.71	8.28	54.10	1.42	40.12	0.01	0.00	1.91	1440.37	Milk, Soy, Wheat	Thin N Trim Chicken Breast (Chicken Breast, Chicken Broth, Contains Less than 2% of the Following: Dextrose, Rice Starch, Salt, Sodium Phosphates, Natural Flavorings. Browned in Vegetable Oil), Tortilla Flour White 12" (Wheat Flour, Water, Palm Oil, Salt, Mono- And Diglycerides, Sodium Bicarbonate, Preservatives (calcium Propionate, Potassium Sorbate), Sodium Aluminum Phosphate, Sodium Aluminum Sulfate, Corn Starch, Fumaric Acid, Calcium Sulfate, 2% Or Less Of Each Of The Following: Soybean Oil, Monocalcium Phosphate, Enzymes, Sodium Metabesulfite), Lettuce Romaine Hearts, Tomato Red Fresh, Provolone Cheese Block (Cultured Pasteurized Milk, Salt and Enzymes.), Parmesan Cheese Shredded (Parmesan Cheese: (Pasteurized Part-Skim Cow's Milk, Cheese Cultures, Salt, Enzymes), Potato Starch and Powdered Cellulose added to prevent caking, Natamycin (A Natural Mold Inhibitor))
Buffalo Chicken Wrap	11.85	oz	416.16	10.75	6.38	47.61	2.44	26.52	0.01	0.00	7.65	1558.68	Milk, Soy, Wheat	Thin N Trim Buffalo Style Chicken Bre (Chicken Breast, Chicken Broth, Dextrose, Contains less than 2% of Sea Salt, Rice Starch, Sugar, Sodium Phosphate, Natural Flavor, Carrageenan, Buffalo Chicken Seasoning (Sugar, Vinegar Powder [Maltodextrin, Vinegar], Paprika, Red Pepper, Yeast Extract, Encapsulated Citric Acid [Citric Acid, Plam Oil], Garlic Powder, Natural Flavors, Extractives of Paprika), Tortilla Flour Wheat 12" (Whole Wheat Flour, Water, Palm Oil Salt, Mono- and Diglycerides, Sodium Bicarbonate, Preservatives (Calcium Propionate, Potassium Sorbate), Sodium Aluminum Phosphate, Sodium Aluminum Sulfate, Fumaric Acid, Corn Starch,and 2% or Less of Each of the Following: Soybean Oil, Monocalcium Phosphate, Enzymes, Sodium Metabisulfite), Lettuce Romaine Hearts, Tomato Red Fresh, Provolone Cheese Block (Cultured Pasteurized Milk, Salt and Enzymes.), Buffalo Sauce (Vinegar, Aged Red Cayenne Pepper, Salt, Water, Canola Oil, Paprika, Xanthan Gum, Garlic Powder, Natural Flavour, Dimethyl Sillicone.)
Chicken Salad Sandwich on Ciabatta	8.99	oz	603.00	30.74	9.97	53.19	8.98	29.81	0.04	7.19	3.29	920.54	Egg, Milk, Soy, Wheat	Ciabatta Roll 3oz (Unbleached Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Yeast, Fully Refined Soybean Oil, Wheat Gluten, Granulated Sugar, Salt, Calcium Propionate (To Retain Freshness), Dough Improver (Malted Wheat Flour, Enzymes And 2% Or Less Of Ascorbic Acid), Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Contains Less Than 2% Of Enzymes), Thin N Trim Chicken Breast (Chicken Breast, Chicken Broth, Contains Less Than 2% Of The Following: Dextrose, Rice Starch, Salt, Sodium Phosphates, Natural Flavorings. Browned In Vegetable Oil), Swiss Cheese Block (Pasteurized Part-Skim Milk, Cheese Culture, Salt, Enzymes), Tomato Red Fresh, Mayonnaise Heavy Duty (Soybean Oil, Water, Egg Yolks, Distilled Vinegar. Contains 2% Or Less Of Salt, Sugar, Mustard Seed, Calcium Disodium EDTA Added To Protect Flavor.), Celery Fresh, Lettuce Green Leaf, Cranberries Dried (Cranberries, Sugar, Sunflower Oil.), Mustard Dijon (Water, Vinegar, Mustard Seed, Salt, White Wine, Fruit Pectin, Citric Acid, Tartaric Acid, Sugar, Spice.), Black Pepper Table Grind (Black Pepper), Parsley Italian Fresh.
Classic Club Grinder	10.88	oz	656.88	29.30	11.82	54.94	5.55	44.26	0.38	2.38	3.94	1839.41	Milk, Soy, Wheat	Sub Roll 8" White (Enriched wheat flour (wheat flour, malted barley flour, niacin, iron, thiamine mononitrate, riboflavin, folic acid), water, soybean oil, yeast, sugar, salt mold inhibitor (Cultured wheat flour, vinegar), dough conditioner (monoglycerides), dough conditioner (wheat flour, enzymes, salt), deactivated yeast, dough conditioner (wheat flour, enzymes), ascorbic acid (oxidation), degermed yellow corn meal.), Thin N Trim Turkey Breast (Turkey Breast, Turkey Broth, Salt, Dextrose, Sodium Phosphates, Vegetable Oil.), Stack'd Deli Thin N Trim Virginia Ham (Ham, Water, contains less than 2%: Sugar, Corn Syrup, Modified Food Starch, Salt, Sodium Phosphate, Potassium Lactate, Sodium Diacetate, Sodium Erythorbate, Smoke Flavoring, Sodium Nitrite, Caramel Color), Cheddar Cheese Block (Pasteurized milk, cheese culture, salt, enzymes, annatto (vegetable color).), Tomato Red Fresh, Bacon (Cured With: Water, Salt, Sugar, Sodium Phosphates, Sodium Erythorbate, Sodium Nitrite.), Onion Red, Lettuce Shredded
Turkey Sandwich on Focaccia	10.49	oz	584.83	12.95	4.38	67.38	1.99	42.58	0.01	0.00	0.52	1577.20	Milk, Wheat	Focaccia Bread Quarter Sheet (Unbleached Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Sour Culture, Extra Virgin Olive Oil, Salt, Yeast, Semolina, Wheat Germ.), Stack'd Deli Thin N Trim Turkey Breast (Turkey Breast, Turkey Broth, Salt, Dextrose, Sodium Phosphates, Vegetable Oil.), Tomato Red Fresh, American Cheese Slice AVI Fresh (American Cheese (Milk, Cheese Culture, Salt, Enzymes), Water, Cream, Sodium Citrate, Salt, Sorbic Acid As A Preservative, Color Added (If Colored), Sunflower Lecithin For Separation.), Lettuce Green Leaf
Pepperhouse Chicken Sandwich on Focaccia	11.99	oz	809.90	35.92	10.55	70.57	0.90	42.09	0.01	0.00	0.54	2022.59	Egg, Fish, Milk, Soy, Wheat	Focaccia Bread Quarter Sheet (Unbleached Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Sour Culture, Extra Virgin Olive Oil, Salt, Yeast, Semolina, Wheat Germ.), Stack'd Deli Thin N Trim Chicken Breast (Chicken Breast, Chicken Broth, Contains Less Than 2% Of The Following: Dextrose, Rice Starch, Salt, Sodium Phosphates, Natural Flavorings. Browned In Vegetable Oil), Cheddar Cheese Block (Pasteurized Milk, Cheese Culture, Salt, Enzymes, Annatto (Vegetable Color).), Tomato Red Fresh, Mayonnaise Heavy Duty (Soybean Oil, Water, Egg Yolks, Distilled Vinegar. Contains 2% Or Less Of Salt, Sugar, Mustard Seed, Calcium Disodium EDTA Added To Protect Flavor.), Lettuce Green Leaf, Mustard Dijon (Water, Vinegar, Mustard Seed, Salt, White Wine, Fruit Pectin, Citric Acid, Tartaric Acid, Sugar, Spice.), Lemon Juice (Lemon Juice), Worcestershire Sauce (Distilled Vinegar, Molasses, Water, Corn Syrup, Salt, Caramel Color, Sugar, Spices, Anchovy (Fish), Natural Flavor (Soy), Tamarind Extract & Soy Lecithin. Contains: Soy, Fish), Garlic Cloves Peeled (Garlic), Black Pepper Table Grind (Black Pepper), Hot Sauce (Aged Red Cayenne Peppers, Vinegar, Salt, Xanthan Gum, Garlic.), Salt Kosher (Flake Course) (Salt, Yellow Prussiate Of Soda (YPSI), Paprika Smoked (Paprika, And Sillicon Dioxide (Added To Make Free Flowing).)
Roast Beef Cheddar Sandwich on Ciabatta	10.99	oz	730.63	40.49	13.18	50.00	5.01	42.36	0.01	2.11	2.63	1184.07	Egg, Milk, Soy, Wheat	Stack'd Deli Thin N Trim Italian Style Roast Beef (Beef, Water, Salt, Sugar, Potassium Lactate, Dextrose, Sodium Diacetate, Flavorings, Oregano, Garlic Powder, Caramel Color.), Ciabatta Roll 3oz (Unbleached Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Yeast, Fully Refined Soybean Oil, Wheat Gluten, Granulated Sugar, Salt, Calcium Propionate (to retain freshness), Dough Improver (Malted Wheat Flour, Enzymes and 2% or Less of Ascorbic Acid), Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin , Folic Acid), Contains Less Than 2% of Enzymes), Cheddar Cheese Block (Pasteurized milk, cheese culture, salt, enzymes, annatto (vegetable color).), Tomato Red Fresh, Mayonnaise Heavy Duty (Soybean oil, Water, Egg yolks, Distilled vinegar. Contains 2% or less of Salt, Sugar, Mustard seed, Calcium disodium EDTA added to protect flavor.), Lettuce Green Leaf, Horseradish White Prepared (Horseradish, Distilled Vinegar, Water, Soybean oil, Salt, Artificial Flavor.)
Ham & Provolone Sandwich on Ciabatta	9.99	oz	534.56	17.95	8.62	51.62	5.01	37.80	0.01	4.14	2.63	1440.99	Milk, Soy, Wheat	Stack'd Deli Thin N Trim Virginia Ham (Ham, Water, contains less than 2%: Sugar, Corn Syrup, Modified Food Starch, Salt, Sodium Phosphate, Potassium Lactate, Sodium Diacetate, Sodium Erythorbate, Smoke Flavoring, Sodium Nitrite, Caramel Color), Ciabatta Roll 3oz (Unbleached Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Yeast, Fully Refined Soybean Oil, Wheat Gluten, Granulated Sugar, Salt, Calcium Propionate (to retain freshness), Dough Improver (Malted Wheat Flour, Enzymes and 2% or Less of Ascorbic Acid), Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin , Folic Acid), Contains Less Than 2% of Enzymes), Provolone Cheese Block (Cultured Pasteurized Milk, Salt and Enzymes.), Tomato Red Fresh, Lettuce Green Leaf
Spicy Italian Grinder	10.78	oz	762.20	42.25	19.13	58.03	3.58	33.42	0.01	2.03	2.74	2206.79	Milk, Wheat	Sub Roll Tuscan 6" White (Wheat Flour, Water, Rye Flour, Canola Oil, Yeast, Salt, Sugar, Malted Barley Flour, Deactivated Yeast, Guar Gum, Fava Bean Flour, Dextrose, Sunflower Lecithin, Calcium Phosphate, Malt Extract, Ascorbic Acid, Enzymes, Xanthan Gum. Contains Wheat.), Stack'd Deli Thin N Trim Virginia Ham (Ham, Water, contains less than 2%: Sugar, Corn Syrup, Modified Food Starch, Salt, Sodium Phosphate, Potassium Lactate, Sodium Diacetate, Sodium Erythorbate, Smoke Flavoring, Sodium Nitrite, Caramel Color), Provolone Cheese Block (Cultured Pasteurized Milk, Salt and Enzymes.), Salami Sandwich Hard (Pork, Beef, Salt, Contains 2% or less of Water, Dextrose, Spices, Smoke Flavoring, Lactic Acid Starter Culture, Sodium Ascorbate, Garlic Powder, Sodium Nitrite, BHT, TBHQ, Citric Acid.), Pepperoni Sliced Sandwich Style, Tomato Red Fresh, Onion Red, Lettuce Shredded
Tuna Salad Sub	10.79	oz	727.54	33.76	5.85	79.87	0.91	27.60	0.02	0.00	2.96	1483.16	Egg, Fish, Soy, Wheat	Bread French Baguette (Unbleached Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Sour Culture, Salt, Yeast, Semolina.), Tuna Chunk Light (Ingredients: Light Tuna, Water, Vegetable Broth, Salt.), Mayonnaise Heavy Duty (Soybean Oil, Water, Egg Yolks, Distilled Vinegar. Contains 2% Or Less Of Salt, Sugar, Mustard Seed, Calcium Disodium EDTA Added To Protect Flavor.), Tomato Red Fresh, Pickle Chips Sliced Dill 1/8" (Fresh Cucumbers, Water, Vinegar, Salt, Calcium Chloride, Sodium Benzoate (Preservative), Spices, Turmeric, Polysorbate 80), Lettuce Green Leaf, Celery Fresh, Garlic Herb Seasoning (Ingredients: Garlic, Spices (Including Oregano, Rosemary, Basil, And Red Pepper), Orange Peel, Onion, Paprika, And Celery.), Black Pepper Table Grind (Black Pepper), Lemon Juice (Lemon Juice)
Roast Turkey Breast Club on Ciabatta	10.41	oz	575.94	20.50	9.12	45.67	2.93	50.65	0.22	2.11	2.77	1510.92	Milk, Soy, Wheat	Thin N Trim Turkey Breast (Turkey Breast, Turkey Broth, Salt, Dextrose, Sodium Phosphates, Vegetable Oil.), Ciabatta Roll 3oz (Unbleached Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Yeast, Fully Refined Soybean Oil, Wheat Gluten, Granulated Sugar, Salt, Calcium Propionate (to retain freshness), Dough Improver (Malted Wheat Flour, Enzymes and 2% or Less of Ascorbic Acid), Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin , Folic Acid), Contains Less Than 2% of Enzymes), Provolone Cheese Block (Cultured Pasteurized Milk, Salt and Enzymes.), Tomato Red Fresh, Spinach Baby Fresh, Bacon (Cured With: Water, Salt, Sugar, Sodium Phosphates, Sodium Erythorbate, Sodium Nitrite.)
Egg Salad Sandwich on Sourdough	7.40	oz	509.11	25.64	5.39	49.55	3.73	21.97	0.01	1.65	1.74	831.78	Egg, Soy, Wheat,	Sourdough Bread Sliced (Unbleached Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Yeast, Wheat Flour, Salt, Malted Barley Flour (Contains Wheat), Fumaric Acid and 2% or Less of Each of the Following: Acetic Acid, Lactic Acid, Fully Refined Soybean Oil, Granulated Sugar, Wheat Gluten, Calcium Propionate (to retain freshness), Dough Improver (Malted Wheat Flour, Enzymes and 2% or Less of Ascorbic Acid)), Egg Hard Cooked (HARD COOKED EGGS), Mayonnaise Heavy Duty (Soybean oil, Water, Egg yolks, Distilled vinegar. Contains 2% or less of Salt, Sugar, Mustard seed, Calcium disodium EDTA added to protect flavor.), Celery Fresh, Mustard Yellow Prepared (Water, Vinegar, Mustard Seed, Salt, Turmeric, Spices.), Black Pepper Table Grind (BLACK PEPPER)
Turkey & Avocado BLT on Sourdough	13.09	oz	910.51	55.78	15.77	55.30	3.10	49.41	0.39	1.65	4.39	1752.06	Egg, Milk, Soy, Wheat	Sourdough Bread Sliced (Unbleached Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Yeast, Wheat Flour, Salt, Malted Barley Flour (Contains Wheat), Fumaric Acid and 2% or Less of Each of the Following: Acetic Acid, Lactic Acid, Fully Refined Soybean Oil, Granulated Sugar, Wheat Gluten, Calcium Propionate (to retain freshness), Dough Improver (Malted Wheat Flour, Enzymes and 2% or Less of Ascorbic Acid)), Stack'd Deli Thin N Trim Turkey Breast (Turkey Breast, Turkey Broth, Salt, Dextrose, Sodium Phosphates, Vegetable Oil.), Avocado Haas Fresh Halves Wrapped (Hass Avocado, Water, L-Cysteine Hydrochloride and Calcium Chloride (to maintain natural color).), Cheddar Cheese Block (Pasteurized milk, cheese culture, salt, enzymes, annatto (vegetable color).), Tomato Red Fresh, Mayonnaise Heavy Duty (Soybean oil, Water, Egg yolks, Distilled vinegar. Contains 2% or less of Salt, Sugar, Mustard seed, Calcium disodium EDTA added to protect flavor.), Bacon (Cured With: Water, Salt, Sugar, Sodium Phosphates, Sodium Erythorbate, Sodium Nitrite.), Onion Red, Lettuce Green Leaf



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Vegetable Sub	10.97	oz	544.42	14.42	6.48	88.63	5.19	17.92	0.02	0.00	6.81	2824.35	Milk, Sesame, Soy, Wheat	Bread French Baguette (Unbleached Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Sour Culture, Salt, Yeast, Semolina.), Hummus Dip Traditional (Garbanzo Beans, Sesame Tahini, Lemon Juice, Water, Soybean Oil, Contains 2% Or Less Of: Garlic Puree (Garlic, High Fructose Corn Syrup Solids), Salt, Sugar, Soy Lecithin, Cellulose, Modified Food Starch, Natural Flavors (Canola Oil, Olive Oil, Natural Flavors), Spices, Citric Acid, Contains: Soy), Bell Peppers Green Fresh, Pepper Banana Mild Canned (Banana Peppers, Water, Distilled Vinegar, Salt, Calcium Chloride (Firming Agent), Sodium Benzoate (Preservative), Sodium Bisulfite (To Retain Color), FD&C Yellow #5 And Turmeric (For Color).), Tomato Red Fresh, Cream Cheese Loaf (Pasteurized Milk And Cream, Cheese Culture, Salt, Guar Gum, Carob Bean Gum, Xanthan Gum.), Onion Red, Lettuce Green Leaf, Salt Kosher (Flake Course) (Salt, Yellow Prussiate Of Soda (YPS)), Black Pepper Table Grind (Black Pepper), Thyme Fresh, Basil Fresh, Oregano Fresh
Ham Sandwich on Sourdough	10.39	oz	548.24	17.23	8.62	55.31	4.53	39.19	0.01	3.68	2.17	1579.14	Milk, Soy, Wheat	Stack'd Deli Thin N Trim Virginia Ham (Ham, Water, contains less than 2%: Sugar, Corn Syrup, Modified Food Starch, Salt, Sodium Phosphate, Potassium Lactate, Sodium Diacetate, Sodium Erythorbate, Smoke Flavoring, Sodium Nitrite, Caramel Color), Sourdough Bread Sliced (Unbleached Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Yeast, Wheat Flour, Salt, Malted Barley Flour (Contains Wheat), Fumaric Acid and 2% or Less of Each of the Following: Acetic Acid, Lactic Acid, Fully Refined Soybean Oil, Granulated Sugar, Wheat Gluten, Calcium Propionate (to retain freshness), Dough Improver (Malted Wheat Flour, Enzymes and 2% or Less of Ascorbic Acid)), Provolone Cheese Block (Cultured Pasteurized Milk, Salt and Enzymes.), Tomato Red Fresh, Lettuce Green Leaf
Ham and Turkey Sandwich Croissant	9.99	oz	498.94	24.78	11.60	30.44	5.32	39.02	0.02	4.00	1.65	776.85	Milk, Soy, Wheat	Thin N Trim Turkey Breast (Turkey Breast, Turkey Broth, Salt, Dextrose, Sodium Phosphates, Vegetable Oil.), Stack'd Deli Thin N Trim Virginia Ham (Ham, Water, contains less than 2%: Sugar, Corn Syrup, Modified Food Starch, Salt, Sodium Phosphate, Potassium Lactate, Sodium Diacetate, Sodium Erythorbate, Smoke Flavoring, Sodium Nitrite, Caramel Color), Croissant Frozen Sliced (Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid, Malted Barley Flour), Water, Margarine (Palm Oil, Water, Soybean Oil, Contains 2% or less of: Sugar, Soy Lecithin, Monoglycerides, Potassium Sorbate and Citric Acid (Added as Preservatives), Natural, Beta Carotene (Color), Vitamin A Palmitate added), High Fructose Corn Syrup, Contains 2% or less of the following: Yeast, Salt, Whey, Modified Corn Starch, Calcium Propionate, Natural & Artificial Flavor (Dextrose, Sugar, Maltodextrin, Acacia Gum, Medium Chain Triglycerides), Dough Conditioner (Wheat Flour, Ascorbic Acid, Enzymes), Swiss Cheese Block (Pasteurized Part-Skim Milk, Cheese Culture, Salt, Enzymes), Tomato Red Fresh, Cucumber Whole Fresh, Lettuce Green Leaf
Spicy Roast Beef on Multigrain	11.49	oz	670.37	37.42	20.57	40.91	4.95	44.09	0.01	0.00	3.62	1206.69	Egg, Fish, Milk, Sesame, Soy, W	Thin N Trim Italian Style Roast Beef (Beef, Water, Salt, Sugar, Potassium Lactate, Dextrose, Sodium Diacetate, Flavorings, Oregano, Garlic Powder, Caramel Color.), Bread Multigrain Sliced (Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Whole Wheat Flour, Vital Wheat Gluten, Contains 2% Or Less Of: Oats, Crushed Whole Wheat, Flax Seeds, Sesame Seeds, Millet, Barley, Rye Flour, Soybean Oil, Salt, Brown Sugar, Whey, Active Dry Yeast, Sugar, Ascorbic Acid, Enzymes, Monoglycerides, Calcium Sulfate.), Pepper Jack Cheese (Pasteurized Milk, Red And Green Jalapeno Peppers, Cheese Culture, Salt, Enzymes. Contains: Milk.), Tomato Red Fresh, Mayonnaise Heavy Duty (Soybean Oil, Water, Egg Yolks, Distilled Vinegar, Contains 2% Or Less Of Salt, Sugar, Mustard Seed, Calcium Disodium EDTA Added To Protect Flavor.), Onion Red, Lettuce Green Leaf, Mustard Dijon (Water, Vinegar, Mustard Seed, Salt, White Wine, Fruit Pectin, Citric Acid, Tartaric Acid, Sugar, Spice.), Lemon Juice (Lemon Juice), Worcestershire Sauce (Distilled Vinegar, Molasses, Water, Corn Syrup, Salt, Caramel Color, Sugar, Spices, Anchovy (Fish), Natural Flavor (Soy), Tamarind Extract & Soy Lecithin. Contains: Soy, Fish), Garlic Cloves Peeled (Garlic), Black Pepper Table Grind (Black Pepper), Hot Sauce (Aged Red Cayenne Peppers, Vinegar, Salt, Xanthan Gum, Garlic.), Salt Kosher (Flake Course) (Salt, Yellow Prussiate Of Soda (YPS)), Paprika Smoked (Paprika, And Silicon Dioxide (Added To Make Free Flowing).)
Steakhouse Roast Beef Panini	11.80	oz	738.33	40.72	14.70	46.97	3.38	47.58	0.19	0.00	2.51	1406.99	Egg, Milk, Soy, Wheat	Thin N Trim Italian Style Roast Beef (Beef, Water, Salt, Sugar, Potassium Lactate, Dextrose, Sodium Diacetate, Flavorings, Oregano, Garlic Powder, Caramel Color.), Panini Bread 1/2" (Ingredients For U.S. Market: Enriched Unbleached Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Contains Less Than 2% Of The Following: Salt, Soybean Oil, Distilled Monoglycerides, Yeast, Ascorbic Acid, Enzyme, Soy Lecithin.), Provolone Cheese Block (Cultured Pasteurized Milk, Salt And Enzymes.), Tomato Red Fresh, Mayonnaise Heavy Duty (Soybean Oil, Water, Egg Yolks, Distilled Vinegar, Contains 2% Or Less Of Salt, Sugar, Mustard Seed, Calcium Disodium EDTA Added To Protect Flavor.), Onion Red, Bacon (Cured With: Water, Salt, Sugar, Sodium Phosphates, Sodium Erythorbate, Sodium Nitrite.), Horseradish White Prepared (Horseradish, Distilled Vinegar, Water, Soybean Oil, Salt, Artificial Flavor.)
Meatball Sub	10.90	oz	777.77	39.99	18.34	66.47	6.50	37.78	0.00	1.08	4.47	1795.82	Egg, Milk, Soy, Wheat	Meatballs All Purpose 1oz (Mechanically Separated Chicken, Beef, Water, Textured Soy Flour, Breadcrumbs (Wheat Flour), Salt, Dehydrated Onion, Eggs, Flavorings, Romano Cheese (Pasteurized Cow's And Sheep's Milk, Rennet, Salt, Cheese Cultures, Enzymes).), Sub Roll Tuscan 6" White (Wheat Flour, Water, Rye Flour, Canola Oil, Yeast, Salt, Sugar, Malted Barley Flour, Deactivated Yeast, Guar Gum, Fava Bean Flour, Dextrose, Sunflower Lecithin, Calcium Phosphate, Malt Extract, Ascorbic Acid, Enzymes, Xanthan Gum. Contains Wheat.), Provolone Cheese Block (Cultured Pasteurized Milk, Salt And Enzymes.), Tomato Paste Canned (Vine-Ripened Fresh Tomatoes.), Tomato Diced In Juice Canned (Tomatoes, Tomato Juice, Salt, Citric Acid, Calcium Chloride.), Tomato Sauce Canned (Tomatoes, Sugar, Sea Salt, Dehydrated Onion, Peppers, Vinegar, Dehydrated Garlic, Citric Acid.), Onion Yellow, Oil Canola Salad (Canola Oil), Garlic Cloves Peeled (Garlic), Salt Kosher (Flake Course) (Salt, Yellow Prussiate Of Soda (YPS)), Parsley Italian Fresh, Basil Fresh, Black Pepper Table Grind (Black Pepper), Oregano Ground (Oregano)
Chipotle Bacon & Turkey Panini	11.80	oz	736.21	42.36	12.77	43.02	1.43	51.12	0.19	0.00	2.59	1335.99	Egg, Milk Soy, Wheat	Thin N Trim Turkey Breast (Turkey Breast, Turkey Broth, Salt, Dextrose, Sodium Phosphates, Vegetable Oil.), Panini Bread 1/2" (Ingredients For U.S. Market: Enriched Unbleached Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Contains Less Than 2% Of The Following: Salt, Soybean Oil, Distilled Monoglycerides, Yeast, Ascorbic Acid, Enzyme, Soy Lecithin.), Swiss Cheese Block (Pasteurized Part-Skim Milk, Cheese Culture, Salt, Enzymes), Tomato Red Fresh, Mayonnaise Heavy Duty (Soybean Oil, Water, Egg Yolks, Distilled Vinegar, Contains 2% Or Less Of Salt, Sugar, Mustard Seed, Calcium Disodium EDTA Added To Protect Flavor.), Onion Red, Bacon (Cured With: Water, Salt, Sugar, Sodium Phosphates, Sodium Erythorbate, Sodium Nitrite.), Chipotle Peppers In Adobo (Water, Tomato Paste, Dried Chipotle Peppers, Distilled Vinegar, Corn Oil, Contains 2% Or Less Of: Iodized Salt (Contains Potassium Iodate), Corn Starch, Onion Powder, Garlic Powder, Spices.), Salt Kosher (Flake Course) (Salt, Yellow Prussiate Of Soda (YPS)), Black Pepper Table Grind (Black Pepper)
STACK'D SIDES														
Cole Slaw	4.02	oz	103.51	7.72	1.41	7.14	4.16	1.11	0.04	1.35	2.16	180.41	Egg, Soy	Cabbage Green Shredded (cabbage), Cider Vinegar Apple 50 Grain (Apple Cider Vinegar, diluted with water to 5% acidity), Mayonnaise Heavy Duty (Soybean oil, Water, Egg yolks, Distilled vinegar, Contains 2% or less of Salt, Sugar, Mustard seed, Calcium disodium EDTA added to protect flavor.), Mustard Yellow Prepared (Water, Vinegar, Mustard Seed, Salt, Turmeric, Spices.), Sugar Granulated XFine Cane (Sugar), Black Pepper Table Grind (BLACK PEPPER), Salt Kosher (flake course) (Salt, Yellow Prussiate of Soda (YPS))
Housemade Dill Pickle Spears	1.16	oz	6.60	0.04	0.01	1.30	0.94	0.12	0.00	0.68	0.09	126.20		Cucumber Kirby Whole, Water, Vinegar White Distilled (White Distilled Vinegar, diluted with water to 5% acidity), Sugar Granulated XFine Cane (Sugar), Salt Kosher (flake course) (Salt, Yellow Prussiate of Soda (YPS)), Garlic Cloves Peeled (garlic), Mustard Seed Whole (Yellow mustard seeds.), Dill Weed Fresh (dill weed)
Potato Salad	4.00	oz	211.98	15.84	4.08	14.92	0.85	3.88	0.05	0.00	1.52	186.02	Egg, Milk, Soy	Potato Idaho Fresh, Sour Cream, Mayonnaise Heavy Duty (Soybean oil, Water, Egg yolks, Distilled vinegar, Contains 2% or less of Salt, Sugar, Mustard seed, Calcium disodium EDTA added to protect flavor.), Egg Hard Cooked (HARD COOKED EGGS), Chives Fresh (chives), Salt Kosher (flake course) (Salt, Yellow Prussiate of Soda (YPS)), Parsley Italian Fresh, Black Pepper Table Grind (BLACK PEPPER), Garlic Powder (Garlic), Onion Powder (Onion Powder)
Pasta Salad with Italian Dressing	4.58	oz	226.59	15.43	2.48	20.26	3.96	3.45	0.02	2.38	1.86	360.71	Soy, Wheat	Pasta Cooked, Italian Dressing Golden (Soybean Oil, Vinegar, Water, Sugar, Salt, Contains less than 2% of Garlic*, Xanthan Gum, Onion*, Red Bell Pepper*, Spice, Garlic Powder, Lemon Juice Concentrate, Natural Flavor, Beta Carotene and Oleoresin Paprika (color). *Dried), Broccoli Fresh Florets, Bell Peppers Red Fresh, Tomato Grape, Carrot Standard Fresh (carrots), Olives Black Sliced Canned (olives, water, salt, ferrous gluconate), Onion Red
Housemade Fried Kettle Chips	4.00	oz	287.26	18.52	2.65	25.65	0.00	2.70	0.00	0.00	1.35	512.99	Soy	Potato Chip Uncooked Sea Salt (POTATOES, VEGETABLE OIL (SOYBEAN, CANOLA, COTTONSEED, AND/OR SUNFLOWER), CONTAINS LESS THAN 2% OF DEXTROSE, SEA SALT, DISODIUM DIHYDROGEN PYROPHOSPHATE (TO MAINTAIN NATURAL COLOR).), Shortening Liquid Clear Fry (Fry oil) (Soybean Oil, TBHQ and Citric Acid added to Protect Flavor, Dimethylpolysiloxane (an Anti-Foaming Agent).)
STACK'D SOUPS														
Hearty Vegetable Soup	8.00	oz	80.95	4.19	0.29	10.35	3.36	2.16	0.06	0.00	2.05	408.47		Water, Tomato Diced in Juice Canned (Tomatoes, Tomato Juice, Salt, Citric Acid, Calcium Chloride.), Potato Idaho Fresh, Cabbage Green Fresh (cabbage), Celery Fresh, Carrot Standard Fresh (carrots), Onion Yellow, Tomato Paste Canned (VINE-RIPENED FRESH TOMATOES.), Oil Canola Salad (Canola Oil), Soup Base Vegetable No MSG (A Blend Of Vegetables (powders [onion, Carrot, Tomato, Garlic], Vegetable Purees [carrot, Celery, Onion]), Water, Palm Oil, Yeast Extract, Sugar, Canola Oil, Maltodextrin, Salt, Corn Starch, Contains 2% Or Less Of Extract Of Carrot, Natural Flavors, Disodium Inosinate, Disodium Guanylate.), Garlic Cloves Peeled (garlic), Salt Kosher (flake course) (Salt, Yellow Prussiate of Soda (YPS)), Bay Leaves Whole Dried (WHOLE BAY LEAVES.), Thyme Fresh, Basil Fresh, Black Pepper Table Grind (BLACK PEPPER), Parsley Italian Fresh, Oregano Fresh
Broccoli Cheddar Soup	8.04	oz	313.10	22.46	12.88	21.02	2.40	8.53	0.09	0.00	3.25	329.26	Milk	Water, Potato Idaho Fresh, Broccoli Fresh, Whipping Cream Heavy (Heavy Cream, Milk, Contains less than 0.5% of: Mono and Diglycerides, Polysorbate 80, Carrageenan. CONTAINS: Milk), Broccoli Fresh Florets, Cheese Cheddar Mild Shred Feather AVI Fresh (Pasteurized milk, cheese culture, salt, enzymes and annatto (if colored), potato starch and powdered cellulose added to prevent caking.), Celery Fresh, Onion Yellow, Soup Base Vegetable No MSG (A Blend Of Vegetables (powders [onion, Carrot, Tomato, Garlic], Vegetable Purees [carrot, Celery, Onion]), Water, Palm Oil, Yeast Extract, Sugar, Canola Oil, Maltodextrin, Salt, Corn Starch, Contains 2% Or Less Of Extract Of Carrot, Natural Flavors, Disodium Inosinate, Disodium Guanylate.), Oil Canola Salad (Canola Oil), Garlic Cloves Peeled (garlic), Salt Kosher (flake course) (Salt, Yellow Prussiate of Soda (YPS)), White Pepper Ground (White pepper)



The following major food allergens may be used as ingredients in our facilities: Egg, Fish, Milk, Peanuts, Soy, Sesame, Shellfish, Tree Nuts, Wheat. Please inform a member of our team if you have a food allergy or sensitivity. Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness. 2000 calories a day is used for general nutrition advice, but calorie needs may vary.

Nutrition and ingredient information is presented based on standard recipes and serving sizes and may not represent customizations. Due in part to the handcrafted nature of our food, there may be variation in serving sizes and preparation techniques. Variations may also occur due to product testing, supply sources, regional differences and limited time offerings. These variations may impact the nutrition values for each product. Test products, limited time offers and regional menu variations may not be included and not all items listed may be available in all locations. Please see the AVI team at your location for site-specific information.

Information as of 07.2026

Brand Nutritional Information															
Name	Size of Portion	Unit of Measurement	Kcal (kcal)	Total Fat (g)	Saturated (g)	Total Carbohydrate (g)	Sugars Total (g)	Protein (g)	Salt (g)	Added Sugar (g)	Fiber (g)	Sodium (mg)	Allergens	Ingredients	
Chicken Corn and Potato Chowder	8.00	oz	198.39	6.74	2.72	23.12	4.45	10.93	0.15	0.69	2.22	426.76	Milk, Wheat	Water, Corn Whole Kernel IQF (Corn), Potato Idaho Fresh, Milk 2%, Chicken Breast Random (Boneless, Skinless Chicken Breast With Rib Meat), Onion Yellow, Cheese Cheddar Mild Shred Feather AVI Fresh (Pasteurized Milk, Cheese Culture, Salt, Enzymes And Annatto (If Colored), Potato Starch And Powdered Cellulose Added To Prevent Caking.), Celery Fresh, Bacon (Cured With: Water, Salt, Sugar, Sodium Phosphates, Sodium Erythorbate, Sodium Nitrite.), Flour All Purpose H&R (Bleached Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Soup Base Chicken No MSG Or HVP (Roasted Chicken And Chicken Juices, Salt, Sugar, Corn Starch, Chicken Fat, Dehydrated Onion, Turmeric, Flavoring.), Hot Sauce Red Pepper Cayenne (Aged Cayenne Red Peppers, Distilled Vinegar, Water, Salt & Garlic Powder.), Chives Fresh (Chives), Cayenne Pepper Ground (Red Pepper), Black Pepper Table Grind (Black Pepper)	
Chicken Noodle Soup	8.00	oz	111.17	4.54	0.66	10.90	2.36	6.41	0.09	1.13	1.38	537.29	Egg, Wheat	Water, Noodles Egg Cooked, Celery Fresh, Chicken Breast Random (Boneless, skinless chicken breast with rib meat), Carrots Diced (carrots), Onion Yellow, Soup Base Chicken No MSG or HVP (Roasted Chicken and Chicken Juices, Salt, Sugar, Corn Starch, Chicken Fat, Dehydrated Onion, Turmeric, Flavoring.), Oil Canola Salad (Canola Oil), Olive Oil Blend 50-50 (Extra Virgin Olive Oil, Canola Oil), Parsley Italian Fresh, Salt Kosher (flake course) (Salt, Yellow Prussiate of Soda (YPS)), White Pepper Ground (White pepper), Garlic Cloves Peeled (garlic), Black Pepper Table Grind (BLACK PEPPER)	
Cream of Broccoli Soup	8.00	oz	336.43	25.33	16.07	24.41	2.31	3.92	0.09	0.00	3.57	96.01	Milk	Potato Idaho Fresh, Whipping Cream Heavy (Heavy Cream, Milk, Contains less than 0.5% of: Mono and Diglycerides, Polysorbate 80, Carrageenan. CONTAINS: Milk), Broccoli Fresh Florets, Water, Celery Fresh, Onion Yellow, Oil Canola Salad (Canola Oil), Soup Base Vegetable No MSG (A Blend Of Vegetables (powders [onion, Carrot, Tomato, Garlic], Vegetable Purees [carrot, Celery, Onion]), Water, Palm Oil, Yeast Extract, Sugar, Canola Oil, Maltodextrin, Salt, Corn Starch, Contains 2% Or Less Of Extract Of Carrot, Natural Flavors, Disodium Inosinate, Disodium Guanylate.), Garlic Cloves Peeled (garlic), White Pepper Ground (White pepper)	
Cream of Mushroom Soup	8.00	oz	328.64	27.81	15.32	16.70	1.54	3.16	0.02	0.00	0.59	408.68	Milk, Soy, Wheat	Water, Whipping Cream Heavy (Heavy Cream, Milk, Contains less than 0.5% of: Mono and Diglycerides, Polysorbate 80, Carrageenan), Mushrooms Brown Fresh, Flour All Purpose H&R (Bleached Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Margarine Butter Blend Euro SF ZTF (Vegetable Oil Blend (Palm Oil, Soybean Oil), Water, Butter (Milk), Contains 2% or Less of: Salt, Nonfat Dry Milk (Milk), Vegetable Monoglycerides, Soybean Lecithin (Soy), Citric Acid (Preservative), Natural Flavor, Beta Carotene (Color), Vitamin A Palmitate added. Contains Milk and Soy.), Soup Base Vegetable No MSG (A Blend Of Vegetables (powders [onion, Carrot, Tomato, Garlic], Vegetable Purees [carrot, Celery, Onion]), Water, Palm Oil, Yeast Extract, Sugar, Canola Oil, Maltodextrin, Salt, Corn Starch, Contains 2% Or Less Of Extract Of Carrot, Natural Flavors, Disodium Inosinate, Disodium Guanylate.), Onion Yellow, Oil Canola Salad (Canola Oil), Garlic Cloves Peeled (garlic), Salt Kosher (flake course) (Salt, Yellow Prussiate of Soda (YPS)), Thyme Fresh, White Pepper Ground (White pepper), Parsley Italian Fresh	
Creamy Tomato Soup	8.00	oz	158.71	6.90	3.61	18.44	11.29	4.39	0.00	0.13	3.20	944.14	Milk	Tomato Juice Canned (Ingredients: Tomato Juice From Concentrate (Water, Concentrated Juices From Tomatoes), Salt, Vitamin C (Ascorbic Acid).), Tomato Paste Canned (Vine-Ripened Fresh Tomatoes.), Tomato Diced In Juice Canned (Tomatoes, Tomato Juice, Salt, Citric Acid, Calcium Chloride.), Tomato Sauce Canned (Tomatoes, Sugar, Sea Salt, Dehydrated Onion, Peppers, Vinegar, Dehydrated Garlic, Citric Acid.), Whipping Cream Heavy (Heavy Cream, Milk, Contains Less Than 0.5% Of: Mono And Diglycerides, Polysorbate 80, Carrageenan. Contains: Milk), Onion Yellow, Oil Canola Salad (Canola Oil), Salt Kosher (Flake Course) (Salt, Yellow Prussiate Of Soda (YPS)), Garlic Cloves Peeled (Garlic), Parsley Italian Fresh, Black Pepper Table Grind (Black Pepper), Basil Fresh, Oregano Ground (Oregano), Thyme Fresh	
Cream of Potato Soup	8.04	oz	195.27	9.61	4.78	22.54	6.13	4.83	0.16	0.55	2.35	250.72	Milk	Milk 2%, Potato Idaho Fresh, Water, Whipping Cream Heavy (Heavy Cream, Milk, Contains less than 0.5% of: Mono and Diglycerides, Polysorbate 80, Carrageenan. CONTAINS: Milk), Celery Fresh, Carrot Standard Fresh (carrots), Onion Yellow, Oil Canola Salad (Canola Oil), Soup Base Chicken No MSG or HVP (Roasted Chicken and Chicken Juices, Salt, Sugar, Corn Starch, Chicken Fat, Dehydrated Onion, Turmeric, Flavoring.), Garlic Cloves Peeled (garlic), Chives Fresh (chives), White Pepper Ground (White pepper), Thyme Fresh	
Tomato Basil Soup	8.00	oz	99.03	3.52	0.66	14.25	5.62	3.66	0.07	0.00	2.21	315.40	Milk	Water, Tomato Crushed in Puree Canned (Tomatoes, Tomato Puree, Salt, Citric Acid), Tomato Diced in Juice Canned (Tomatoes, Tomato Juice, Salt, Citric Acid, Calcium Chloride.), Milk 2%, Potato Idaho Fresh, Carrots Diced (carrots), Onion Yellow, Oil Canola Salad (Canola Oil), Soup Base Vegetable No MSG (A Blend Of Vegetables (powders [onion, Carrot, Tomato, Garlic], Vegetable Purees [carrot, Celery, Onion]), Water, Palm Oil, Yeast Extract, Sugar, Canola Oil, Maltodextrin, Salt, Corn Starch, Contains 2% Or Less Of Extract Of Carrot, Natural Flavors, Disodium Inosinate, Disodium Guanylate.), Garlic Cloves Peeled (garlic), Basil Fresh, Black Pepper Table Grind (Black Pepper)	
Italian Wedding Soup	7.86	oz	136.48	6.67	1.68	11.32	1.72	5.16	0.06	1.32	1.53	815.08	Egg, Milk, Soy, Wheat	Water, Pasta Cooked, Wine Cooking White (Wine, Water, Neutral Spirits, Salt, Tartaric Acid, Citric Acid, Potassium Sorbate (Preservative), Potassium Metabisulfite (Preservative), Caramel Color.), Meatballs Italian Mini Precooked (BHA, BHT And Citric Acid Added To Help Protect Flavor Caramel Color Added Ingredients: Beef, Pork, Water, Bread Crumbs (Wheat Flour, Salt, And Yeast), Romano Cheese (Pasteurized Cow's Milk, Cheese Cultures, Salt, Enzymes), Ricotta Cheese (Whey, Part Skim Milk, Cream, Vinegar, And Xanthan Gum, Locust Bean Gum, Guar Gum (Stabilizers)), Liquid Egg Whites, Textured Vegetable Protein (Soy Protein Concentrate, Caramel Color), Salt, Dried Garlic, Spices, Parsley, Brown Sugar, Caramel Color, Disodium Inosinate And Disodium Guanylate, BHA, BHT, Citric Acid.), Celery Fresh, Carrot Standard Fresh (Carrots), Onion Yellow, Soup Base Chicken No MSG Or HVP (Roasted Chicken And Chicken Juices, Salt, Sugar, Corn Starch, Chicken Fat, Dehydrated Onion, Turmeric, Flavoring.), Kale Baby Leaves Fresh, Parmesan Cheese Grated (Parmesan Cheese (Pasteurized Part-Skim Milk, Cheese Culture, Salt, Enzymes), Powdered Cellulose (Added To Prevent Caking), Potassium Sorbate To Protect Flavor.), Oil Canola Salad (Canola Oil), Garlic Cloves Peeled (Garlic), Olive Oil Blend 50-50 (Extra Virgin Olive Oil, Canola Oil), Bay Leaves Whole Dried (Whole Bay Leaves.), Salt Kosher (Flake Course) (Salt, Yellow Prussiate Of Soda (YPS)), Parsley Italian Fresh, Thyme Fresh, Black Pepper Table Grind (Black Pepper)	
Loaded Potato and Bacon Soup	8.00	oz	210.84	12.55	6.81	15.45	1.35	8.06	0.22	0.88	1.63	686.90	Milk	Water, Potato Idaho Fresh, Whipping Cream Heavy (Heavy Cream, Milk, Contains less than 0.5% of: Mono and Diglycerides, Polysorbate 80, Carrageenan. CONTAINS: Milk), Bacon (Cured With: Water, Salt, Sugar, Sodium Phosphates, Sodium Erythorbate, Sodium Nitrite.), Cheese Cheddar Mild Shred Feather AVI Fresh (Pasteurized milk, cheese culture, salt, enzymes and annatto (if colored). potato starch and powdered cellulose added to prevent caking.), Onion Yellow, Sour Cream, Soup Base Chicken No MSG or HVP (Roasted Chicken and Chicken Juices, Salt, Sugar, Corn Starch, Chicken Fat, Dehydrated Onion, Turmeric, Flavoring.), Salt Kosher (flake course) (Salt, Yellow Prussiate of Soda (YPS)), White Pepper Ground (White pepper), Chives Fresh (chives)	
New England Clam Chowder	8.00	oz	455.82	35.33	21.92	23.96	1.30	8.68	0.22	0.00	2.43	833.19	Milk, Shellfish	Potato Idaho Fresh, Whipping Cream Heavy (Heavy Cream, Milk, Contains Less Than 0.5% Of: Mono And Diglycerides, Polysorbate 80, Carrageenan. Contains: Milk), Clam Chopped Canned (Ocean Clams, Ocean Clam Juice, Salt, Sodium Tripolyphosphate (To Retain Natural Juices), And Calcium Disodium EDTA (To Protect Color).), Clam Juice (Ocean Clam Juice, Salt.), Bacon (Cured With: Water, Salt, Sugar, Sodium Phosphates, Sodium Erythorbate, Sodium Nitrite.), Celery Fresh, Onion Yellow, Oil Canola Salad (Canola Oil), Bay Leaves Whole Dried (Whole Bay Leaves.), Garlic Cloves Peeled (Garlic), Salt Kosher (Flake Course) (Salt, Yellow Prussiate Of Soda (YPS)), Chives Fresh (Chives), Parsley Italian Fresh, Thyme Fresh, Black Pepper Table Grind (Black Pepper)	
Chicken Tortilla Soup	8.00	oz	146.81	7.67	0.94	10.26	2.29	9.47	0.02	1.01	1.11	478.31	Soy	Water, Onion Yellow, Bread French Baguette (Unbleached Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Sour Culture, Salt, Yeast, Semolina.), Oil Canola Salad (Canola Oil), Soup Base Beef No MSG Or HVP (Roasted Beef And Beef Juices, Salt, Yeast Extract, Beef Stock, Sugar, Onion Powder, Flavoring, Lactic Acid, Dehydrated Garlic.), Soup Base Chicken No MSG Or HVP (Roasted Chicken And Chicken Juices, Salt, Sugar, Corn Starch, Chicken Fat, Dehydrated Onion, Turmeric, Flavoring.), Olive Oil Blend 50-50 (Extra Virgin Olive Oil, Canola Oil), Garlic Cloves Peeled (Garlic), Parmesan Cheese Grated (Parmesan Cheese (Pasteurized Part-Skim Milk, Cheese Culture, Salt, Enzymes), Powdered Cellulose (Added To Prevent Caking), Potassium Sorbate To Protect Flavor.), Salt Kosher (Flake Course) (Salt, Yellow Prussiate Of Soda (YPS)), Black Pepper Table Grind (Black Pepper), Parsley Italian Fresh, Chives Fresh (Chives)	
French Onion Soup	8.50	oz	405.16	12.75	1.52	63.64	8.40	10.36	0.05	1.09	4.60	1626.58	Milk, Wheat	Water, Onion Yellow, Bread French Baguette (Unbleached Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Sour Culture, Salt, Yeast, Semolina.), Oil Canola Salad (Canola Oil), Soup Base Beef No MSG Or HVP (Roasted Beef And Beef Juices, Salt, Yeast Extract, Beef Stock, Sugar, Onion Powder, Flavoring, Lactic Acid, Dehydrated Garlic.), Soup Base Chicken No MSG Or HVP (Roasted Chicken And Chicken Juices, Salt, Sugar, Corn Starch, Chicken Fat, Dehydrated Onion, Turmeric, Flavoring.), Olive Oil Blend 50-50 (Extra Virgin Olive Oil, Canola Oil), Garlic Cloves Peeled (Garlic), Parmesan Cheese Grated (Parmesan Cheese (Pasteurized Part-Skim Milk, Cheese Culture, Salt, Enzymes), Powdered Cellulose (Added To Prevent Caking), Potassium Sorbate To Protect Flavor.), Salt Kosher (Flake Course) (Salt, Yellow Prussiate Of Soda (YPS)), Black Pepper Table Grind (Black Pepper), Parsley Italian Fresh, Chives Fresh (Chives)	
Turkey and Rice Soup	8.00	oz	118.89	1.87	0.36	19.31	2.56	5.66	0.09	1.13	1.60	605.77		Water, Onion Yellow, Celery Fresh, Turkey Breast Skin On Boneless Raw (Turkey Breast Moistness Enhanced By Up To 15% Of A Solution Added Deep Inside Consisting Of Turkey Broth, Salt, Sodium Phosphate.), Carrots Diced (carrots), White Rice Parboiled (Enriched long grain parboiled rice, iron (ferric orthophospahte), niacin, thiamine (thiamine mononitrate) and folic acid), Soup Base Chicken No MSG or HVP (Roasted Chicken and Chicken Juices, Salt, Sugar, Corn Starch, Chicken Fat, Dehydrated Onion, Turmeric, Flavoring.), Oil Canola Salad (Canola Oil), Parsley Italian Fresh, Salt Kosher (flake course) (Salt, Yellow Prussiate of Soda (YPS)), White Pepper Ground (White pepper)	
Beef Chili	8.00	oz	258.27	10.84	4.09	23.69	7.46	16.19	0.00	1.13	5.24	1008.31	Wheat	Tomato Diced In Juice Canned (Tomatoes, Tomato Juice, Salt, Citric Acid, Calcium Chloride.), Kidney Bean Low Sodium Canned (Prepared Kidney Beans, Water, Sugar, Dextrose, Salt, Calcium Chloride (Firming Agent), And Disodium EDTA (To Promote Color Retention).), Ground Beef 80/20 (Beef), Tomato Sauce Canned (Tomatoes, Sugar, Sea Salt, Dehydrated Onion, Peppers, Vinegar, Dehydrated Garlic, Citric Acid.), Tomato Crushed In Puree Canned (Tomatoes, Tomato Puree, Salt, Citric Acid), Onion Yellow, Jalapeno Peppers Fresh, Bell Peppers Green Fresh, Bell Peppers Red Fresh, Cajun Seasoning (Garlic, Spices (Including Paprika, Oregano, Red Pepper), Salt, And Onion.), Flour All Purpose H&R (Bleached Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Chili Powder Dark (Chili Pepper, Spices, Salt, Silicon Dioxide (To Make Free Flowing), And Garlic.), Garlic Cloves Peeled (Garlic), Salt Kosher (Flake Course) (Salt, Yellow Prussiate Of Soda (YPS)), Black Pepper Table Grind (Black Pepper)	



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Information as of 07.2026

Brand Nutritional Information														
Name	Size of Portion	Unit of Measurement	Kcal (kcal)	Total Fat (g)	Saturated (g)	Total Carbohydrate (g)	Sugars Total (g)	Protein (g)	Salt (g)	Added Sugar (g)	Fiber (g)	Sodium (mg)	Allergens	Ingredients
Vegetarian Chili	7.98	oz	172.87	4.24	0.27	27.80	6.33	6.56	0.01	0.46	5.55	684.30		Water, Black Beans Low Sodium (Prepared Black Beans, Water, Salt, Calcium Chloride (Firming Agent).), Tomato Diced in Juice Canned (Tomatoes, Tomato Juice, Salt, Citric Acid, Calcium Chloride.), Tomato Sauce Canned (Tomatoes, Sugar, Sea Salt, Dehydrated Onion, Peppers, Vinegar, Dehydrated Garlic, Citric Acid.), Great Northern Beans Canned (Prepared Great Northern Beans, Water, Salt, Calcium Chloride (Firming Agent).), Kidney Bean Low Sodium Canned (Prepared Kidney Beans, Water, Sugar, Dextrose, Salt, Calcium Chloride (Firming Agent), and Disodium EDTA (To Promote Color Retention).), Corn Whole Kernel IQF (CORN), Onion Yellow, Bell Peppers Green Fresh, Bell Peppers Red Fresh, Oil Canola Salad (Canola Oil), Tortilla Yellow Corn 6" (Ground Corn Treated with Hydrated Lime, Water, Contains 2% or less of the following: Liquid Preservative (Propionic Acid, Water, Sodium Hydroxide), Cellulose Gum.), Garlic Cloves Peeled (garlic), Soup Base Vegetable No MSG (A Blend Of Vegetables (powders [onion, Carrot, Tomato, Garlic], Vegetable Purees [carrot, Celery, Onion]), Water, Palm Oil, Yeast Extract, Sugar, Canola Oil, Maltodextrin, Salt, Corn Starch, Contains 2% Or Less Of Extract Of Carrot, Natural Flavors, Disodium Inosinate, Disodium Guanylate.), Chili Powder Dark (CHILI PEPPER, SPICES, SALT, SILICON DIOXIDE (TO MAKE FREE FLOWING), AND GARLIC.), Lime Juice (Lime juice, 100% Juice.), Pepper Supreme Spice (SPICES (INCLUDING BLACK PEPPER, WHITE PEPPER, AND RED PEPPER), SALT, GARLIC, ONION, RED AND GREEN BELL PEPPERS, CHILI PEPPERS, CITRIC ACID, NATURAL FLAVOR, EXTRACTIVES OF CAPSICUM, AND JALAPEÑO PEPPERS.), Salt Kosher (flake course) (Salt, Yellow Prussiate of Soda (YPS)), Cumin Ground (CUMIN), Cilantro Fresh
Tuscan Minestrone Soup	7.98	oz	109.21	3.39	0.24	16.72	2.33	4.62	0.05	0.00	3.00	304.52	Wheat	Water, Tomato Diced in Juice Canned (Tomatoes, Tomato Juice, Salt, Citric Acid, Calcium Chloride.), Great Northern Beans Canned (Prepared Great Northern Beans, Water, Salt, Calcium Chloride (Firming Agent).), Pasta Cooked, Squash Zucchini Fresh, Spinach Baby Fresh, Celery Fresh, Carrots Diced (carrots), Onion Yellow, Soup Base Vegetable No MSG (A Blend Of Vegetables (powders [onion, Carrot, Tomato, Garlic], Vegetable Purees [carrot, Celery, Onion]), Water, Palm Oil, Yeast Extract, Sugar, Canola Oil, Maltodextrin, Salt, Corn Starch, Contains 2% Or Less Of Extract Of Carrot, Natural Flavors, Disodium Inosinate, Disodium Guanylate.), Oil Canola Salad (Canola Oil), Garlic Cloves Peeled (garlic), Basil Fresh, Rosemary Fresh, Black Pepper Table Grind (Black Pepper)
Beer Cheddar Cheese Soup	8.00	oz	438.90	35.21	20.87	16.28	1.53	11.59	0.04	0.24	0.52	389.17	Milk, Soy, Wheat	Water, Whipping Cream Heavy (Heavy Cream, Milk, Contains less than 0.5% of: Mono and Diglycerides, Polysorbate 80, Carrageenan. CONTAINS: Milk), Beer, Cheese Cheddar Mild Shred Feather AVI Fresh (Pasteurized milk, cheese culture, salt, enzymes and annatto (if colored). potato starch and powdered cellulose added to prevent caking.), Flour All Purpose H&R (Bleached Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Celery Fresh, Carrots Diced (carrots), Onion Yellow, Soup Base Vegetable No MSG (A Blend Of Vegetables (powders [onion, Carrot, Tomato, Garlic], Vegetable Purees [carrot, Celery, Onion]), Water, Palm Oil, Yeast Extract, Sugar, Canola Oil, Maltodextrin, Salt, Corn Starch, Contains 2% Or Less Of Extract Of Carrot, Natural Flavors, Disodium Inosinate, Disodium Guanylate.), Oil Canola Salad (Canola Oil), Worcestershire Sauce No Fish (Water, Molasses, Salt, High Fructose Corn Syrup, Corn Syrup, Acetic Acid, Caramel Color, Hydrolyzed Soy Protein(Soy), Gluten Free Flour (Millet Flour, Potato Starch, Tapioca Starch, Rice Flour Whole Grain Sorghum, Xanthan Gum), Natural Flavor, Guar Gum, and Sodium Benzoate., Hot Sauce Tabasco (Distilled vinegar, red pepper and salt.), Mustard Dry Ground (MUSTARD), Garlic Cloves Peeled (garlic)
STACK'D SALADS														
Chicken Caesar Salad	13.21	oz	255.71	8.24	2.94	15.90	3.81	31.10	0.04	0.00	4.95	885.21	Egg, Milk, Wheat	Lettuce Romaine Hearts, Thin N Trim Chicken Breast (Chicken Breast, Chicken Broth, Contains Less Than 2% Of The Following: Dextrose, Rice Starch, Salt, Sodium Phosphates, Natural Flavorings. Browned In Vegetable Oil), Tomato Grape, Parmesan Cheese Shredded (Parmesan Cheese: (Pasteurized Part-Skim Cow's Milk, Cheese Cultures, Salt, Enzymes), Potato Starch And Powdered Cellulose Added To Prevent Caking, Natamycin (A Natural Mold Inhibitor)), Crouton Seasoned Packet (Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Canola And/Or Sunflower Oil (With Rosemary Extract And Ascorbic Acid [To Preserve Freshness])), Whey, Salt, Sugar, Yeast, 2% Or Less Of Spices, Dehydrated Parsley, Onion Powder, Paprika (Color), Turmeric (Color), Extractive Of Paprika (Color), Spice Extractive, Enzymes
Caesar Salad	5.80	oz	137.49	7.47	3.85	10.43	1.95	9.44	0.02	0.00	3.41	379.75		Lettuce Romaine, Tomato Grape, Parmesan Cheese Shredded (Parmesan Cheese: (Pasteurized Part-Skim Cow's Milk, Cheese Cultures, Salt, Enzymes), Potato Starch And Powdered Cellulose Added To Prevent Caking, Natamycin (A Natural Mold Inhibitor)), Crouton Seasoned Packet (Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Canola And/Or Sunflower Oil (With Rosemary Extract And Ascorbic Acid [To Preserve Freshness])), Whey, Salt, Sugar, Yeast, 2% Or Less Of Spices, Dehydrated Parsley, Onion Powder, Paprika (Color), Turmeric (Color), Extractive Of Paprika (Color), Spice Extractive, Enzymes.
Garden Salad	7.95	oz	103.25	4.67	0.08	14.32	3.62	3.09	0.05	0.00	3.98	275.71	Egg, Milk, Wheat	Lettuce Romaine, Cucumber English Fresh, Tomato Grape, Olives Black Sliced Canned (Olives, Water, Salt, Ferrous Gluconate), Onion Red, Carrots Grated Match Stick (Carrots), Crouton Seasoned Packet (Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Canola And/Or Sunflower Oil (With Rosemary Extract And Ascorbic Acid [To Preserve Freshness])), Whey, Salt, Sugar, Yeast, 2% Or Less Of Spices, Dehydrated Parsley, Onion Powder, Paprika (Color), Turmeric (Color), Extractive Of Paprika (Color), Spice Extractive, Enzymes
Caesar Salad Side	2.93	oz	73.50	3.48	1.45	7.65	0.97	4.37	0.01	0.00	1.61	203.79	Egg, Milk, Wheat	Lettuce Romaine, Tomato Grape, Parmesan Cheese Shredded (Parmesan Cheese: (Pasteurized Part-Skim Cow's Milk, Cheese Cultures, Salt, Enzymes), Potato Starch And Powdered Cellulose Added To Prevent Caking, Natamycin (A Natural Mold Inhibitor)), Crouton Seasoned Packet (Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Canola And/Or Sunflower Oil (With Rosemary Extract And Ascorbic Acid [To Preserve Freshness])), Whey, Salt, Sugar, Yeast, 2% Or Less Of Spices, Dehydrated Parsley, Onion Powder, Paprika (Color), Turmeric (Color), Extractive Of Paprika (Color), Spice Extractive, Enzymes)
Mini Garden Salad	3.38	oz	15.88	0.14	0.03	3.53	2.06	0.81	0.03	0.00	1.06	8.83		Lettuce Iceberg, Cucumber Whole Fresh, Tomato Grape, Onion Red, Carrots Grated Match Stick (carrots)
STACK'D SPREADS														
Mayonnaise Heavy Duty	1.00	oz	202.42	22.27	4.05	1.98	0.00	0.00	0.00	0.00	0.00	131.62	Egg, Soy	Mayonnaise Heavy Duty (Soybean oil, Water, Egg yolks, Distilled vinegar. Contains 2% or less of Salt, Sugar, Mustard seed, Calcium disodium EDTA added to protect flavor.)
Mustard Yellow Prepared	1.00	oz	28.35	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	340.19		Mustard Yellow Prepared (Water, Vinegar, Mustard Seed, Salt, Turmeric, Spices.)
Olive Oil Blend 50-50	0.25	oz	56.70	6.61	0.94	0.00	0.00	0.00	0.00	0.00	0.00	0.14		Olive Oil Blend 50-50 (Extra Virgin Olive Oil, Canola Oil)
Vinegar Red Wine	0.25	oz	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00		Vinegar Red Wine (Red Wine Vinegar, Diluted With Water To 5% Acidity.)
Honey Mustard Dressing	1.00	oz	118.88	10.97	1.83	6.40	5.49	0.00	0.00	5.49	0.00	155.47	Egg, Soy	Honey Mustard Dressing (Soybean Oil, High Fructose Corn Syrup, Distilled Vinegar, Water, Dijon Mustard (Distilled Vinegar, Water, Mustard Seed, Salt, White Wine, Citric Acid, Tartaric Acid, Spice), Honey, Sugar, Egg Yolk, Contains less than 2% of Salt, Mustard Flour, Xanthan Gum, Spice, Oleoresin Paprika (color), Calcium Disodium EDTA (to protect flavor), Yellow 5, Corn Syrup, Natural Flavor
Mustard Dijon	1.00	oz	28.35	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	652.04		Mustard Dijon (Water, Vinegar, Mustard Seed, Salt, White Wine, Fruit Pectin, Citric Acid, Tartaric Acid, Sugar, Spice.)
Smoked Chipotle Mayonnaise	0.97	oz	151.12	16.25	2.92	2.29	0.22	0.02	0.00	0.00	0.23	131.29	Egg, Soy	Mayonnaise Heavy Duty (Soybean Oil, Water, Egg Yolks, Distilled Vinegar. Contains 2% Or Less Of Salt, Sugar, Mustard Seed, Calcium Disodium EDTA Added To Protect Flavor.), Chipotle Peppers In Adobo (Water, Tomato Paste, Dried Chipotle Peppers, Distilled Vinegar, Corn Oil, Contains 2% Or Less Of: Iodized Salt (Contains Potassium Iodate), Corn Starch, Onion Powder, Garlic Powder, Spices.), Paprika Ground (Paprika And Silicon Dioxide (Added To Make Free Flowing)), Mustard Dry Ground (Mustard), Onion Powder (Onion Powder), Garlic Powder (Garlic)
Pepperhouse Aioli	0.99	oz	150.30	16.05	2.92	2.02	0.04	0.06	0.00	0.00	0.02	301.35	Egg, Fish, Soy	Mayonnaise Heavy Duty (Soybean Oil, Water, Egg Yolks, Distilled Vinegar. Contains 2% Or Less Of Salt, Sugar, Mustard Seed, Calcium Disodium EDTA Added To Protect Flavor.), Mustard Dijon (Water, Vinegar, Mustard Seed, Salt, White Wine, Fruit Pectin, Citric Acid, Tartaric Acid, Sugar, Spice.), Lemon Juice (Lemon Juice), Worcestershire Sauce (Distilled Vinegar, Molasses, Water, Corn Syrup, Salt, Caramel Color, Sugar, Spices, Anchovy (Fish), Natural Flavor (Soy), Tamarind Extract & Soy Lecithin. Contains: Soy, Fish), Garlic Cloves Peeled (Garlic), Black Pepper Table Grind (Black Pepper), Hot Sauce (Aged Red Cayenne Peppers, Vinegar, Salt, Xanthan Gum, Garlic.), Salt Kosher (Flake Course) (Salt, Yellow Prussiate Of Soda (YPS)), Paprika Smoked (Paprika, And Silicon Dioxide (Added To Make Free Flowing).)
Caesar Creamy Dressing	1.00	oz	146.63	15.64	2.44	0.98	0.00	0.98	0.00	0.00	0.00	273.72	Fish, Milk, Soy	Caesar Creamy Dressing (Soybean Oil, Distilled Vinegar, Water, Apple Cider Vinegar, Romano Cheese (Pasteurized Part-Skim Milk, Cheese Cultures, Salt, Enzymes), Salt, Contains Less Than 2% of Garlic, Sugar, Tabasco* Brand Pepper Sauce (Distilled Vinegar, Red Pepper, Salt), Spice, Mustard Flour, Anchovies, Maltodextrin, Carrageenan, Xanthn Gum, Beta Carotene (color). *DRIED.
Hummus	3.03	oz	160.94	10.30	1.29	12.85	2.12	4.89	0.00	0.00	2.81	734.77	Sesame	Garbanzo Beans Chickpea Low Sodium Canned (Prepared Chick Peas, Water, Salt, Calcium Chloride (Firming Agent), Disodium EDTA (Promotes Color Retention).), Tahini Paste (Sesame Seeds.), Lemon Juice (Lemon juice), Olive Oil Blend 50-50 (Extra Virgin Olive Oil, Canola Oil), Garlic Cloves Peeled (garlic), Salt Kosher (flake course) (Salt, Yellow Prussiate of Soda (YPS))
STACK'D FRESH TOPPINGS														
Spinach Baby	0.51	oz	3.35	0.06	0.01	0.52	0.06	0.41	0.03	0.00	0.32	11.42		Spinach Baby Fresh
Lettuce Green Leaf	0.49	oz	2.06	0.02	0.00	0.40	0.11	0.19	0.01	0.00	0.18	3.89		Lettuce Green Leaf
Tomato	1.00	oz	5.01	0.06	0.01	1.10	0.75	0.25	0.00	0.00	0.34	1.42		Tomato Red Fresh
Onion Red	0.50	oz	5.62	0.01	0.01	1.32	0.60	0.16	0.00	0.00	0.24	0.57		Onion Red
Bell Peppers Green	1.00	oz	5.69	0.05	0.02	1.32	0.68	0.24	0.00	0.00	0.48	0.85		Bell Peppers Green Fresh



The following major food allergens may be used as ingredients in our facilities: Egg, Fish, Milk, Peanuts, Soy, Sesame, Shellfish, Tree Nuts, Wheat. Please inform a member of our team if you have a food allergy or sensitivity. Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness. 2000 calories a day is used for general nutrition advice, but calorie needs may vary.

Nutrition and ingredient information is presented based on standard recipes and serving sizes and may not represent customizations. Due in part to the handcrafted nature of our food, there may be variation in serving sizes and preparation techniques. Variations may also occur due to product testing, supply sources, regional differences and limited time offerings. These variations may impact the nutrition values for each product. Test products, limited time offers and regional menu variations may not be included and not all items listed may be available in all locations. Please see the AVI team at your location for site-specific information.

Information as of 07.2026

Brand Nutritional Information														
Name	Size of Portion	Unit of Measurement	Kcal (kcal)	Total Fat (g)	Saturated (g)	Total Carbohydrate (g)	Sugars Total (g)	Protein (g)	Salt (g)	Added Sugar (g)	Fiber (g)	Sodium (mg)	Allergens	Ingredients
Bell Peppers Red	1.00	oz	8.74	0.09	0.01	1.71	1.19	0.28	0.00	0.00	0.60	1.13		Bell Peppers Red Fresh
Bacon	0.80	oz	120.96	9.07	3.02	0.00	0.00	9.07	0.38	0.00	0.00	408.24		Bacon (Cured With: Water, Salt, Sugar, Sodium Phosphates, Sodium Erythorbate, Sodium Nitrite.)
Pepper Banana Mild	1.00	oz	5.06	0.00	0.00	1.01	1.01	0.00	0.00	0.00	1.00	445.49		Pepper Banana Mild Canned (Banana peppers, water, distilled vinegar, salt, calcium chloride (firming agent), sodium benzoate (preservative), sodium bisulfite (to retain color), fd&c yellow #5 and turmeric (for color).)
Jalapeno Peppers	1.00	oz	5.67	0.00	0.00	1.25	0.43	0.18	0.00	0.00	0.85	85.05		Jalapeno Peppers Sliced Canned (sliced jalapenos, water, vinegar, salt, calcium chloride)
Cucumber	1.00	oz	4.40	0.03	0.01	1.03	0.47	0.18	0.00	0.00	0.14	0.57		Cucumber Whole Fresh
Olives Black	1.00	oz	45.36	4.25	0.00	1.42	0.00	0.00	0.00	0.00	0.85	215.46		Olives Black Sliced Canned (olives, water, salt, ferrous gluconate)
STACK'D FRESH SLICED MEATS														
Buffalo Style Chicken Breast	4.00	oz	90.72	0.10	0.00	0.00	0.00	20.25	0.00	0.00	0.00	445.50		Thin N Trim Buffalo Style Chicken Bre (Chicken Breast, Chicken Broth, Dextrose, Contains less than 2% of Sea Salt, Rice Starch, Sugar, Sodium Phosphate, Natural Flavor, Carrageenan, Buffalo Chicken Seasoning (Sugar, Vinegar Powder [Maltodextrin, Vinegar], Paprika, Red Pepper, Yeast Extract, Encapsulated Citric Acid [Citric Acid, Plam Oil], Garlic Powder, Natural Flavors, Extractives of Paprika
Italian Style Roast Beef	4.00	oz	141.75	4.05	2.03	2.03	2.03	24.30	0.00	0.00	0.00	283.50		Thin N Trim Italian Style Roast Beef (Beef, Water, Salt, Sugar, Potassium Lactate, Dextrose, Sodium Diacetate, Flavorings, Oregano, Garlic Powder, Caramel Color.)
Black Forest Ham	4.00	oz	141.75	4.05	2.03	12.14	8.10	16.20	0.00	8.10	0.00	971.98		Thin n Trim Black Forest Ham (Ham, Water, Sugar, Contains Less Than 2% Of: Honey, Brown Sugar, Modified Food Starch, Corn Syrup, Salt, Sodium Phosphate, Potassium Lactate, Sodium Diacetate, Sodium Erythorbate, Sodium Nitrite, Caramel Color)
Salami Sandwich Hard	4.00	oz	485.98	53.71	20.25	0.00	0.00	20.25	0.00	0.00	0.00	2024.96		Salami Sandwich Hard (Pork, Beef, Salt, Contains 2% or less of Water, Dextrose, Spices, Smoke Flavoring, Lactic Acid Starter Culture, Sodium Ascorbate, Garlic Powder, Sodium Nitrite, BHT, TBHQ, Citric Acid.)
Pepperoni Sliced Sandwich Style	4.00	oz	566.99	52.16	23.81	0.00	0.00	0.00	0.00	0.00	0.00	1905.09		Pork, beef, salt, spices, sugar, water, oleoresin of paprika, natural smoke flavor, lactic acid starter culture, garlic powder, sodium nitrate, ascorbic acid, BHA, BHT, citric acid
Turkey Breast	4.00	oz	121.34	2.03	0.00	0.00	0.00	26.32	0.00	0.00	0.00	425.24		Thin N Trim Turkey Breast (Turkey Breast, Turkey Broth, Salt, Dextrose, Sodium Phosphates, Vegetable Oil.)
Tuna Salad	4.00	oz	360.38	32.48	5.84	3.86	0.05	15.23	0.01	0.00	0.06	464.54	Egg, Fish, Soy	Tuna Chunk Light (Light Tuna, Water, Vegetable Broth, Salt.), Mayonnaise Heavy Duty (Soybean oil, Water, Egg yolks, Distilled vinegar. Contains 2% or less of Salt, Sugar, Mustard seed, Calcium disodium EDTA added to protect flavor.), Celery Fresh, Garlic Herb Seasoning (Garlic, Spices (Oregano, Rosemary, Basil, and Red Pepper), Orange Peel, Onion, Paprika, and Celery), Black Pepper Table Grind (Black Pepper), Lemon Juice (Lemon juice)
Egg Salad	4.00	oz	261.54	23.16	5.39	3.33	2.08	12.07	0.01	0.00	0.09	204.59	Egg, Soy	Egg Hard Cooked (Hard Cooked Eggs), Mayonnaise Heavy Duty (Soybean oil, Water, Egg yolks, Distilled vinegar. Contains 2% or less of Salt, Sugar, Mustard seed, Calcium disodium EDTA added to protect flavor.), Celery Fresh, Mustard Yellow Prepared (Water, Vinegar, Mustard Seed, Salt, Turmeric, Spices.), Black Pepper Table Grind (Black Pepper)
Chicken Salad	4.04	oz	369.48	32.39	5.81	2.61	0.17	19.58	0.01	0.00	0.13	247.32	Egg, Soy	Chicken Breast Random (Boneless, skinless chicken breast with rib meat), Mayonnaise Heavy Duty (Soybean oil, Water, Egg yolks, Distilled vinegar. Contains 2% or less of Salt, Sugar, Mustard seed, Calcium disodium EDTA added to protect flavor.), Celery Fresh, Oil Canola Salad (Canola Oil), Onion Red, Mustard Dijon (Water, Vinegar, Mustard Seed, Salt, White Wine, Fruit Pectin, Citric Acid, Tartaric Acid, Sugar Spice.), Garlic Cloves Peeled (garlic), Black Pepper Table Grind (Black Pepper), Salt Kosher (flake course) (Salt, Yellow Prussiate of Soda (YPS))
STACK'D BREADS & WRAPS														
Tortilla Flour White 12"	3.60	oz	265.35	5.10	2.55	47.97	0.00	8.16	0.00	0.00	0.00	540.91	Soy, Wheat	Tortilla Flour White 12" (Wheat Flour, Water, Palm Oil, Salt, Mono- And Diglycerides, Sodium Bicarbonate, Preservatives (calcium Propionate, Potassium Sorbate), Sodium Aluminum Phosphate, Sodium Aluminum Sulfate, Corn Starch, Fumaric Acid, Calcium Sulfate, 2% Or Less Of Each Of The Following: Soybean Oil, Monocalcium Phosphate, Enzymes, Sodium Metabesulfite)
Focaccia Bread	4.00	oz	362.87	3.97	0.00	63.50	0.00	10.21	0.00	0.00	0.00	873.17	Wheat	Focaccia Bread Quarter Sheet (UNBLEACHED ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, SOUR CULTURE, EXTRA VIRGIN OLIVE OIL, SALT, YEAST, SEMOLINA, WHEAT GERM.)
Ciabatta Roll	3.00	oz	233.88	3.19	0.00	42.52	2.13	8.50	0.00	2.11	2.11	489.03	Soy, Wheat	Ciabatta Roll 3oz (Unbleached Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Yeast, Fully Refined Soybean Oil, Wheat Gluten, Granulated Sugar, Salt, Calcium Propionate (to retain freshness), Dough Improver (Malted Wheat Flour, Enzymes and 2% or Less of Ascorbic Acid), Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Contains Less Than 2% of Enzymes)
Sub Roll Tuscan 6" White	3.40	oz	264.10	3.05	0.00	50.73	1.01	8.12	0.00	1.01	2.03	558.04	Wheat	Sub Roll Tuscan 6" White (Wheat Flour, Water, Rye Flour, Canola Oil, Yeast, Salt, Sugar, Malted Barley Flour, Deactivated Yeast, Guar Gum, Fava Bean Flour, Dextrose, Sunflower Lecithin, Calcium Phosphate, Malt Extract, Ascorbic Acid, Enzymes, Xanthan Gum.)
Sourdough Bread	3.40	oz	247.57	2.48	0.00	46.22	1.65	9.90	0.00	1.65	1.65	627.19	Soy, Wheat	Sourdough Bread Sliced (Unbleached Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Yeast, Wheat Flour, Salt, Malted Barley Flour (Contains Wheat), Fumaric Acid and 2% or Less of Each of the Following: Acetic Acid, Lactic Acid, Fully Refined Soybean Oil, Granulated Sugar, Wheat Gluten, Calcium Propionate (to retain freshness), Dough Improver (Malted Wheat Flour, Enzymes and 2% or Less of Ascorbic Acid))
Croissant	2.00	oz	188.81	7.96	3.48	24.87	2.98	3.98	0.00	2.98	0.99	198.95	Milk, Soy, Wheat	Croissant Frozen Sliced (Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid, Malted Barley Flour), Water, Margarine [Palm Oil, Water, Soybean Oil, Contains 2% or less of: Sugar, Soy Lecithin, Monoglycerides, Potassium Sorbate and Citric Acid (Added as Preservatives), Natural, Beta Carotene (Color),Vitamin A Palmitate added], High Fructose Corn Syrup, Contains 2% or less of the following: Yeast, Salt, Whey, Modified Corn Starch, Calcium Propionate, Natural & Artificial Flavor (Dextrose, Sugar, Maltodextrin, Acacia Gum, Medium Chain Triglycerides), Dough Conditioner (Wheat Flour, Ascorbic Acid, Enzymes)
Provolone Cheese	1.50	oz	151.87	10.63	7.59	1.52	0.00	10.63	0.00	0.00	0.00	379.68	Milk	Provolone Cheese Block (Cultured Pasteurized Milk, Salt and Enzymes)
Swiss Cheese	1.50	oz	167.12	13.67	7.59	0.00	0.00	12.15	0.00	0.00	0.00	75.94	Milk	Swiss Cheese Block (Pasteurized Part-Skim Milk, Cheese Culture, Salt, Enzymes)
American Cheese	1.50	oz	140.33	10.30	6.56	3.56	1.70	8.43	0.00	0.00	0.00	410.26	Milk	American Cheese Slice AVI Fresh (American cheese (milk, cheese culture, salt enzymes), water, cream, sodium citrate, salt, sorbic acid as a preservative, color added (if colored), sunflower lecithin for separation.)
Cheddar Cheese	1.50	oz	167.12	13.67	7.59	1.51	0.00	9.11	0.00	0.00	0.00	273.37	Milk	Cheddar Cheese Block (Pasteurized milk, cheese culture, salt, enzymes, annatto (vegetable color)
Pepper Jack Cheese	1.50	oz	151.81	12.15	15.58	0.00	0.00	10.63	0.00	0.00	0.00	273.37	Milk	Pepper Jack Cheese (Pasteurized Milk, Red and Green Jalapeno Peppers, Cheese Culture, Salt, Enzymes)